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**2023-24 DMPS 7th-8th Grade Boys Wrestling**

**Practice starts: 10/18/23**

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| **Date** | **Time** | **Schools** | **Location (Host School)** |
| November 2 | **5:00pm** | **East/Hoover/Lincoln/North @ Roosevelt** | **Roosevelt HS (Call-Merr)** |
|  |  |  |  |
| November 9 | **5:00pm** | **Lincoln/North/Roosevelt @ East** | **East HS (Hiatt-Hoyt)** |
| November 9 | 4:30pm | Hoover/Centennial/Urbandale @ Ankeny | Southview MS |
|  |  |  |  |
| November 13 | 4:30pm | North/Urbandale @ Ft Dodge | Ft Dodge MS |
| November 14 | **5:00pm** | **Johnston/Norwalk @ Hoover** | **Hoover HS (Meredith)** |
| November 16 | 4:30pm | East/Dallas Center-Grimes @ Valley | Stilwell JH |
| November 16 | 4:30pm | Lincoln/Dowling/SE Polk @ Ankeny Cent | Northview HS |
|  |  |  |  |
| November 20 | **5:00pm** | **East/Ames/Ankeny @ North** | **North HS (Hard-Good)** |
| November 20 | 4:30pm | Hoover/Dallas Center-Grimes @ Indianola | Indianola MS |
| November 20 | 4:15pm | Lincoln/Roosevelt @ Bondurant | Bondurant-Farrar JH |
|  |  |  |  |
| November 27 | 4:30pm | East/Centennial @ Indianola | Indianola MS |
| November 27 | 4:30pm | North/Johnston @ Norwalk | Norwalk HS - NPECC |
| November 28 | 4:30pm | Hoover/Dowling/Urbandale @ DCG | Oakview MS |
| November 28 | 4:30pm | Lincoln/Roosevelt/Ft Dodge @ SEP JH | SE Polk MS |
| December 4 | 4:30pm | Lincoln/Dowling/SE Polk @ Indianola | Indianola MS |
| December 5 | **5:00pm** | **Hoover/Johnston/DCG @ Roosevelt** | **Roosevelt HS (Call-Merr)** |
| December 7 | 4:30pm | East/Ft Dodge @ Johnston | Johnston MS |
| December 7 | 4:30pm | North/Ankeny/Valley @ SE Polk | SE Polk MS |
|  |  |  |  |
| December 11 | 4:15pm | Hoover/Dowling/Waukee @ Norwalk | Norwalk HS – NPECC |
| December 11 | 4:30pm | Lincoln/Centennial @ Valley | Stilwell JH |
| December 12 | 4:30pm | North/Roos @ Saydel | Saydel HS |
|  |  |  |  |
| **December 15** | **5:00pm** | **City Meet** | **North HS (BR-MC-WK)** |