

# NHS CHEER

## FALL 2022 OPEN PRACTICES

**When:** Mondays and  
Wednesdays @ 3:45 - 5:30 PM

**Where:** Grubb Stadium

**How:** Contact Coach Casas @  
[julia.casas@dmschools.org](mailto:julia.casas@dmschools.org)

OR Scan the QR code here!

