

Don't wait until the last minute! Complete your sports physical before next school year begins!

DATE:

Thursday, July 21st

TIME:

5:30-8:00PM

PRICE:

Free-will donations welcome but not required

LOCATION:

Iowa Ortho: 450 Laurel St., Des Moines, IA

INTENDED PARTICIPANTS:

Middle school and high school athletes

CONSENT:

A parent or guardian must be present in order to provide consent

QUESTIONS?

Call Iowa Ortho at 515-323-6484

REGISTRATION:

https://www.signupgenius.com/go/10C0E49AEA92EABFCC16-2022

We encourage pre-registering for your sports physical, however, walk-ins will be welcome. Please visit our Sign Up Genius form to register for a 10 minute time slot



Thorough physical examination by a licensed physician



Completion of forms necessary for school athletics participation



Reassessment of old injuries and advice and information on injury prevention



