

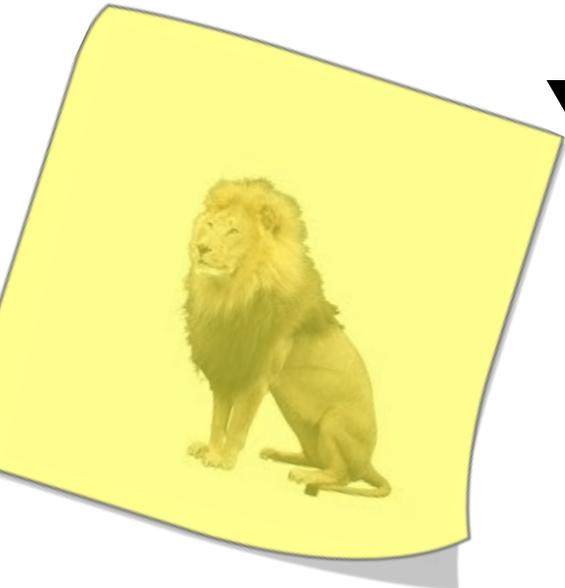


**Good
bye!**



For real
this time...

yeah



Vol 8



THE GREAT MEMORIAL DAY

By : Amy

Let's celebrate this great Memorial day of the end of the month. Memorial day is one of the most celebrated. It is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. ... Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971.

People give thanks for these people because they sacrifice their life in the military just for fight.

I mean some people won't risk their lives like these people would do these people were brave and strong.

If it was not for these people who took their lives to make us safe why should we not care.

I mean without help from the military some of us will not be alive today that why we remember this.

People fought for lives trying to stay alive to see another day and see their family some did not have the time because they were in the military saving lives while military lives are taken, I feel sorry because family can't see that person again.

Well goodbye Media

We should celebrate the countless number of deaths that happen. Having a military is a good thing and a good example, this way we can celebrate the good things the military has done. I mean we can talk about how good aim and how intelligent they were. Well, this the end of this story.

Remember those who fought for you because they saved you, not just themselves but you because they put their lives there for you, they sacrificed.

This is not a joke the military is one of our lives have memories of those family members in the military because they fought for everyone.

Always have Memories of these people, decorate and celebrate the times of this person because they will always have memories over you.

Why Does Self - Love Matter?

What is Self - Love?

Self - love is one's own happiness which is a high regard for your own needs and well - being. Self - love means to take care of your own needs and not sacrificing your well - being to please others. Self - love is a basic human necessity to love ourselves just the way we are.



Why Does Self - Love Matter?

It means embracing your feelings as they are and prioritizing your physical, social, and mental health. Self-love motivates you to make good life decisions. You're more inclined to choose activities that promote your well-being and serve you well if you hold yourself in high esteem.

What does self-love mean to you?

For starters, it can mean:

- Talking to and about yourself with love.
- Prioritizing yourself.
- Giving yourself a break from self-judgement.
- Trusting yourself.
- Being true to yourself.
- Being nice to yourself.
- Setting healthy boundaries.
- Forgiving yourself when you aren't being true or nice to yourself.

For many people, self-love is another way to say self-care. To practice self-care, we often need to go back to the basics and:

- Listen to our bodies
Take breaks from work and move/stretch.
- Put the phone down and connect to yourself or others or do something creative.
- Eating healthily, but sometimes indulge in your favorite foods.

Goodrell walkout



On Monday April 26th, a peaceful protest was held in the front yard of Goodrell. The reason this was preformed is because some bills that were trying to be passed by the state of Iowa were saying that they will oppress public education. This means they will decrease funding for public schools and will also cut teaching of black history and LGBTQ history.

we had kids stand up and act for the truth, make signs, and give speeches to protest. It started at east and then other schools acted.



7th grade tips

Be kind to teachers- Reminder teachers are humans are you are going to have them for a year and maybe might have them as a sub or in future years.

Don't wear to much makeup some lip-gloss/Chapstick is fine and if you Wanna go a little farther then clear mascara is a good option.

Don't worry too much about being popular or dating instead you should worry about having fun and getting good grades

Don't bully the 6th graders that much- you were them last year and the 8th graders are still older so don't act like you own the place.

Don't have just one friend group yet have a main group of 3-5 people that you trust.

Be unique and fun- don't follow every trend instead start them!

Friendship's change- you will lose and make new friends.

But most of all be you and have fun.

8th grade tips

Try to do your best sometimes some high schools use your 8th grade credits.

Start being smarter about decisions, you are the eldest and you're going to high school soon.

You could get a head start and do some high school classes

Start having more fun and enjoy your last year in middle school.

Join clubs this will help you socialize some more.

Set a good example for the 6th and 7 graders.

Be respectful, you are going to high school so be a bit more mature.

Have a lot of fun this is your last year without as many responsibilities as you're going to have in high school.

**Goodbye to all the
8th graders leaving
this year!!**

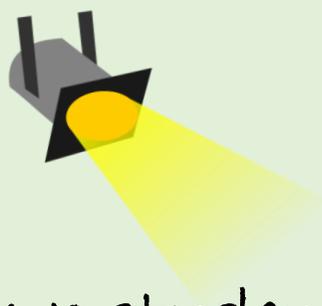
MAY BASKET DELIVERY!

Students had fun assembling & delivering May Day baskets for the Goodrell staff!



Pictured: Ahtziri Petatan-Sanchez, Blessing Deng, Jusiline Irakoze, Lauren Ziaty, & Efen Rosado-Perez.

Student Teacher Spotlight!



This year we have had two student teachers. On this page we will tell you a little about them, and what they want to do in the future.

Mrs. Mather says that she loves and enjoyed her time at Goodrell. Her favorite thing about this school is the kids. Mrs. Mather is from Peoria Illinois and goes to Drake university. Her plans for the coming future is to find a teaching job somewhere.



Mrs. Robinson says that she absolutely loved her time at Goodrell. Her favorite thing about the school is all the students because they all are special in their own ways. Mrs. Robinson is from Des Moines and graduated from Grandview. Her plans for the coming future is to stay at Goodrell for the end of the school year and then go off and teach at Johnston high school.





Lollipops!



A lollipop is a type of hard, sugar candy mounted on a stick of either plastic or wood, made for licking or sucking. Lollipops are available in thousands, if not, millions of different colors, flavors, and variations, specifically fruity flavors like bananas, strawberries, and even blueberries. Some lollipops contain fillings like bubblegum, liquid or soft candy.

The idea of candy on a stick is a very basic and simple idea, and is thought to have been invented and re-invented countless times. The true original inventor of lollipops is still a bit of a mystery but it is thought that the origins of candy in general is traced back to cavemen who put honey on a stick.

Source 1: [Lollipop - Wikipedia](#) Source 2: [Lollipop Candy - The History of the Lollipop - Candy Favorites](#)



AMAZING Places To Go To Over Summer

Adventureland!

[Click here to visit Adventureland](#)

[Sneak peek at the new ride!](#)



Theres
so many
fun rides

This
hotel has
a giant
pool!



The Ramada!

[Click here to visit the Ramada](#)

Your Local Pool!
[A link to a local pool](#)



Swimming
is fun



Get Air! There are trampolines
everywhere
[Get air website](#)

Monster! Why do people drink it?

This question got me to go and interview people who drank the green energy we call monster. I interviewed a total of five people and each of them were in different grades but all of them had the similar answer of that it gave them energy and it woke them up like coffee in The morning.



Then I asked how long they have been drinking the stuff and the common age that they drank it was near 11 or 12.

The parents of the people who drank it also drank it and they decided to drink it after a family member or friend was drinking it. And that was all I had from my interview (note one of the kids only drank it once and not again)



WHAT DO THESE CRYSTALS MEAN?

Fluorite

This perfect for beginner stone brings order during chaotic times. It promotes thought focus, concentration, and encourages ideas and confidence. This stone is perfect for helping with big projects or essays. It's also a dream crystal! Putting it next to your bed or under your pillow can help with night terrors or sleep paralysis. You can meditate with fluorite by putting two pieces in your hands and two above your eyebrows. This helps bring balance and remove unwanted thought patterns.

Amethyst

This is the stone of Saint Valentine hence why it's the birthstone for February. It is also known as the couple's stone because it strengthens relationships. Amethyst is a natural tranquilizer, it relieves stress and strain, soothes irritability, balances mood swings, dispels anger, rage, fear and anxiety. It also alleviates sadness and grief, and dissolves negativity. If you put it underneath a pillow or mattress it helps to ease insomnia.

Clear Quartz

This stone is ruled by the planets, the sun, and the moon. It is a common stone but very much overlooked as it is incredibly powerful! It is also known as the master healer because you can charge it to do anything.

Clear quartz can:

- replace any crystal
- enhance physical ability
- unlock memories
- bring the body to balance

Rose Quartz

Rose quartz is the stone of universal love. This stone restores trust in relationships and encourages love. It opens the heart to promote self love, friendships, healing, deep inner healing and feeling of peace.

Pyrite

This is a good luck stone that enhances manifestation and helps with luck and love! Pyrite is the stone of the Leo zodiac sign and is a stone for all chakras. It shields you from negative energy and helps you be successful and pursue your dreams. It also helps with good physical and emotional health!

Selenite

Selenite cleanses energies and releases negative ones. Putting your crystals in a selenite bowl can cleanse them and putting a piece in all corners of your room can keep the energy clean and positive. Putting it next to your bed can provide a more restful sleep. It's also the stone for the Taurus zodiac sign!

Powerful Crystal Combinations:

Amethyst + Rose Quartz = Physical and Spiritual energy

Moonstone + Rose Quartz = Love and Fertility

Citrine + Aventurine = Money and Good luck

Selenite + Black Tourmaline = Protection and Negative energy

Carnelian + Rhodochrosite = Self-love and Confidence

Blue Chalcedony + Smoky Quartz = Peace and Stability



We are sorry to see you go...

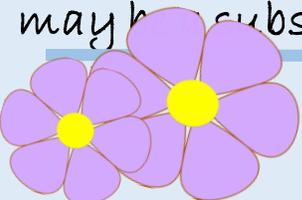


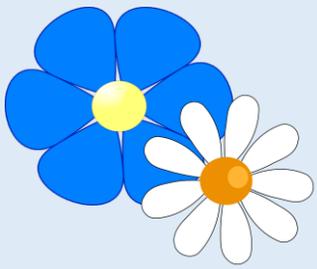
This year we have three amazing teachers retiring. Mrs. Knobloch, Mr. Green, and Mr. Galvin. All of which had and made some great memories here. We will wish them the best for the future. Happy retirement!

Mr. Galvin says some of his favorite memories here are his best friend Mr. Flesch otherwise known as "the lord of fruit flies" He also enjoyed teaching science. He has many more memories. Mr. Galvin has taught here for 33 years 34 altogether. He became a teacher because a lot of his family were teachers, another reason he wanted to become a teacher is he likes the lifestyle, and he likes being around kids. Mr. Galvin currently teaches 8th grade math and algebra. He chose to teach these because math comes easier for him than other subjects. And for the future he's not sure what he wants to do, he says he may be a substitute teacher.

Mrs. Knobloch says her favorite memories are the 14 years working with a fabulous staff, and all the amazing 7th and 8th graders she's taught she has been working at Goodrell for 14 years. She wanted to become a teacher because of the kids she absolutely loves kids. She teaches Language and Literature she wanted to teach this subject because she loves reading and writing. Her plans are to spend time with her grand babies and to travel.

Mr. Greene says his favorite memory is when he got to introduce his self in front of the whole school. He has taught 5 years at goodrell but 29 years in the district. He wanted to become a teacher because he wanted to make a difference with the students. He teaches social studies and language and Literature, but he has taught math and science also, he wanted to teach these subjects because when he got assigned them, he made the best of them. His plans for the future, is to hopefully become an associate.



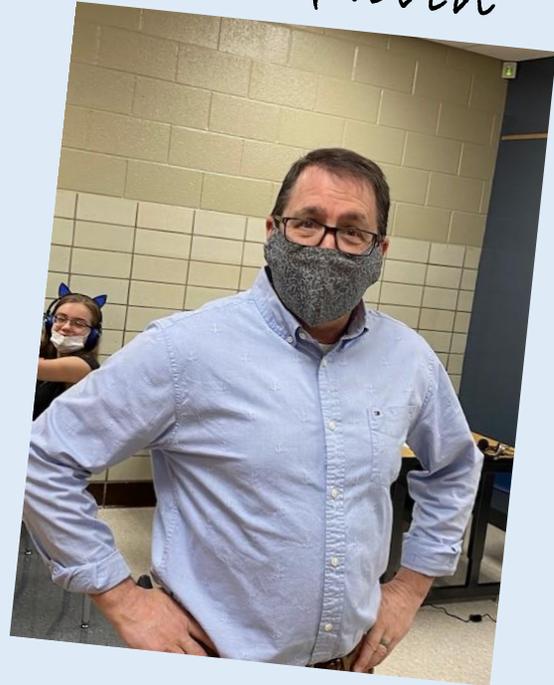


Happy retirement!

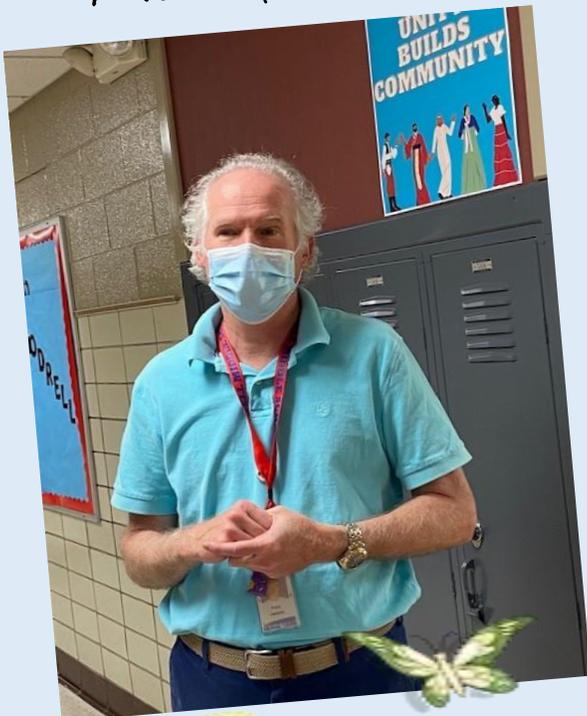
Mrs. Knobloch



Mr. Galvin



Mr. Greene



GOODBYES ARE NOT FOREVER. GOODBYES ARE NOT THE END. THEY SIMPLY MEAN I'LL MISS YOU, UNTIL WE MEET AGAIN!



Interviewing Goodrell's new Principal! (Twice!)



Q: Are you happy that you're our/Goodrell's new principal?

A: "I am not happy, I am elated- and just overly excited."

Q: Do you have any big plans for Goodrell so far? (If so, then please list a few.)

A: "Yeah- continue with things going well and improve on things that are not. Social Justice- all students included/visible + high expectations/support for teachers/staff."

Q: Have you made any Teacher friends yet?

A: "Oh yes! Absolutely."

Q: Are you enjoying meeting all of our/Goodrell's students so far?

A: "I am, and I can't wait to meet virtual students and their families."

Q: Did you pick Goodrell? (On your own.)

A: "Yes I did, I knew that it was open."

Q: What do you like about Goodrell so far?

A: "I like the cleanliness of the building + friendly/welcoming staff + students. Some teachers used to go to Goodrell." - "(Showing that they love Goodrell.)"

Interview questions made by Raelyn Bailey. (I also asked them.)

Thank you Mrs. Romo for letting me interview you! (Twice!)



(That's me on the right!)

M
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S.

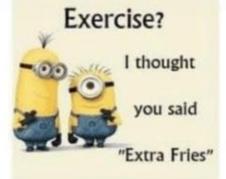
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M
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MEME GALLERY (◡‿◡)

BY BRADON



Facebook page:



40 y/o moms:



When you haven't done any of your chores and you hear the keys jiggling in the door ...



WHEN YOU FIND OUT



YOU HAVE NO MONEY

WHAT I LOOK LIKE



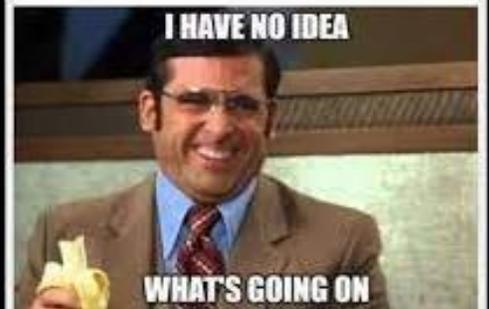
IF YOU'RE TALKING WHILE I'M TALKING



mike wahousekey

PARENTS PREPARING FOR THE NEW SCHOOL YEAR

I HAVE NO IDEA



WHAT'S GOING ON

zoom when wifi dies for 1 second



You were not in the meeting!

it should have been an email.



HAUNTED HISTORY

with *Ms. Jones*



The Squirrel Cage Jail of interest was built in 1885 and was in continuous use until 1969. It was one of 18 revolving ("squirrel cage", "human rotary", or "lazy Susan") jails built. It is the only three-story one ever built. The object of our invention is to produce a jail in which prisoners can be controlled without the necessity of personal contact between them and the jailer. It was also designed to use as little guards as possible, which is why it spins.



A rotary cell of the Squirrel Cage Jail.



Prisoners slowly went crazy from the constant spinning of the cells. Often limbs would be cut off when the prisoners stick them out of the cell getting them stuck while the cell rotates, cutting them off. The jail was called unsafe/inhumane. The prisons were considered maximum security, so if something happened and the jail was unable to spin, prisoners could go days without food or water. The jail was deemed unsafe because if there was to be a fire, there would be no way for the prisoners to escape inside, because it didn't revolve fast enough. Eventually these prisons fell out of use due to the safety issues and the insanity the prisons could cause.

WHAT TO DO WITH YOUR WORM ON STRING (part 2)

Ok so if you listened to my last page (or if you didn't) you should have some worms (or need more reasons) I got a lot of thing you can do with your worms.

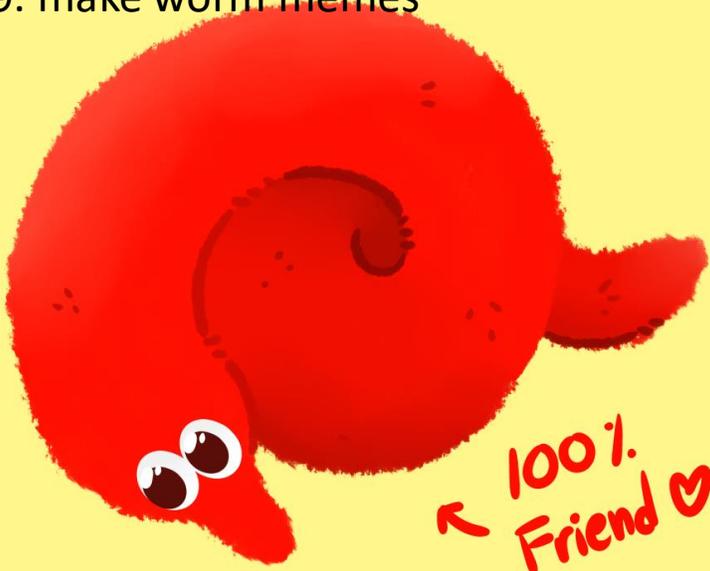


1. tie them to a fan and turn it on and watch them fly.
2. tape to selling fan more fans, they fly.
3. cut and glue to each other you can make all kinds of worm monsters.
4. skirt, worm skirt.
5. you can make big worm with stuffing and fabric.
6. take some big boi worms take a raincoat and glue a bunch for worm coat.
7. worm earrings.
8. worm art, take a worm take paint put dabs of pant on canvas have worm wiggle, boom art
9. make worm memes

10. Buy more worms.
11. make social medias for worm.
12. pet worm.
13. Trade worms..
14. Take worm on walk.
- 15 let worm clime tree.
16. Bath worm (only hot warm water cold water hurt worms' fluff).

That's all I got, all the thing you can Do with worm on string. Now buy worm!

Thank you for reding my page hope you'll read more of them next year



WORM MEME BECAUSE YES

**Do not worry
When the world dies,**



**We will be there to guide
you through the unending
abyss and into eternity**

**Worm OFF
the string**

I'm free!

consciousness is an illusion



it's worm time babey!!!!!!!!!!

At the store

Do you want anything?



worm on a string

Delivered

The [redacted] wrong with you



← 100%
Friend ♡

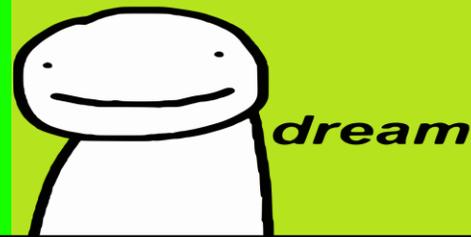


WORMZILLA



Dream SMP characters

By: Jordan R. Close



BadBoyHalo more commonly known as Bad or BBH was the leader of the Badlands and aimed to spark eternal chaos and wars throughout the SMP. He later was corrupted by the Egg and founded the Eggpire. He plays a major role in the Crimson Arc as one of the most loyal to the Egg. He later revealed that was due to his desire to be with his best friend, Skeppy. He is the father of Sapnap. Due to his nature as a demon, he has infinite lives unless Skeppy loses all of his.

Source: Dream wiki



Ranboo is a half-enderman with one green eye and one red eye. Half of his face is black (enderman) and half of his face is white/grey (Unknown). He wears a dark gray suit with a red necktie, gray pants, a golden crown, and gray shoes. He is 8 feet 5 inches tall but said to be around 6'7 most of the time. He also has hair, as confirmed by Ranboo himself. He has stated that he has scars on his cheeks from crying, due to his enderman biology causing tears (water) to hurt him.

Source: Dream Wiki



Quackity has a desire to form a strong, unified government stems from a desire to hold all of the power for himself, regardless of the principles they stand on. He is willing to destroy and take precedence over people to get this power; killing any dissidents and order around those close to him, such as Tubbo, to get his way.

Source: Dream Wiki



Technoblade Lore

Technoblade, also known as **Techno**, is an anarchist opposed to government (as he considers them tyrannical and oppressive), and a co-founder of the Syndicate, a federation dedicated to upholding anarchist ideology. He is known for his dueling skills and prowess in battle. He also Hates orphans.

Source: Dream Wiki





NO POVERTY!

Many people around the world struggle with poverty. I feel that not many understand how serious this is! There are so many ways we can help this global problem. Did you know that “In central Iowa, 25.3% (59,284) of households **struggle** to afford the basic necessities”. And 1 in 4 households are poor in just Iowa, that is crazy. So here are some ways we as teens can help so that there are not as many struggling! We can donate, we can raise money for a fundraiser, we can also make it known to social media so more people will do things like that!

NO HUNGER!

Many around the world struggle with hunger. I feel that not many understand how serious this is! There are many ways we can help this global problem. Did you know Mississippi is the state with the most hunger? Well here are some ways we can help as teens to stop world hunger! Raise money, have certain places where people can get free food, and offer it to many people!



A TEENS GUIDE TO SAVING THE WORLD

Saving the world

While you are at home you can still help save the world. One global goal you can try to follow to do this is Zero Hunger. You can help with this at home by not wasting food. You can also save food that you don't need to eat and later then you can take it somewhere and donate it. And what you can do is if you know you are not going to eat something you bought and are going to let it expire take it in and donate as long as it is something that doesn't need to be in the fridge. Another thing is to buy food online and then when it gets delivered you can donate the food. And last thing is that when you are at home you can play free rice and that will give rice to people in need

While in the community

Another way you can try to save the world is while in the community. When you are in the community you can take climate action. While taking climate action a walk or ride you bike places to use less gas. Another way you can help while in the community is to talk to other people about climate change and see if they would cut things out like driving unnecessary places with you. A third way to help take climate action is to eat less meat and dairy because cows make methane which is really bad for the environment. A fourth way to help while in the community if you do take your car is to make sure your tires are fully inflated. This is because when your tires are properly inflated it can improve your gas mileage which means you will burn less gas. And finally the fifth way you can help while in the community is to plant a tree. This is because if you plant a tree the tree will produce oxygen and take in CO2 and CO2 is a greenhouse gas so that will help.

In the neighborhood

In the neighborhood to help save the world you can try to save life below water. One way you can do this is to use metal straws. This is because plastic straws get into sea animals like turtles and kill them. You can also recycle your plastic. If you recycle plastic, then the plastic does not get in the ocean and turn into microplastic and then the sea animals do

2 ZERO HUNGER



13 CLIMATE ACTION



Why Our 8th Graders Are Awesome

And why we'll miss them...

Ellie

Ellie is our fearless leader in Social Justice! Her courage and love for her fellow humans inspired us everyday! One day in the near future when you go to elect your next public official, it is very likely that Ellie will be on the ticket. Do the world, and humankind, a favor. Vote for Ellie! We will miss your fierce courage and brilliant mind!

EVAN

Evan showed strong leadership this year, especially in VirtualLand... When silence would take over and we scrambled for signs of life in the dark abyss of virtual teaching, Evan would come through with a voice in the dark and restore our sanity (preventing an impromptu puppet show from Mrs. Harrigan). Evan supplied a voice of reason (always recognizing Mr. Arreola's BLATANT propaganda). We will miss your sharp wit and Boomer Humor!

BRIAN

Brian showed incredible devotion as our companion in children safaris (hunting children mysteriously absent from our meetings). How far you've come, Brian, from when you were just a young 6th grader, wondering the classroom, "forgetting" to do your assignments (well, maybe not so far). But seriously, the world seems a little better when you are around. We will miss your gentle soul (yes seriously!!)

Why Our 8th Graders Are Awesome

And why we'll miss them...



Jocelyn

Joselyn, our amazing Chief Editor, guided us through a pandemic with grace and humility. With an impeccable eye for design, a brilliant view and a caring heart, she offered support to students no matter if she was busy or not. We will miss your sweet spirit and caring leadership!



Jeremiah amazed us with his brilliant editing skills. Constantly providing us with entertainment, his well-crafted and hilarious videos were never confusing and never left us scratching our heads. A brilliant historian of the little details in life (candy and helium for example), Jeremiah offered a unique perspective during his short year with Media. We will miss your wonderfully weird mind and hilarious views!

Eight Graders, we could say "Make Us Proud", but you already have. We can't wait to see the amazing humans you become!

Thank you.



Mrs. Harrigan and Mr. Arreola

MRS. HARRIGAN

"Thank you for always being there for us. You made a real difference in our lives." - Luella

It is with overwhelming sadness that our media team says goodbye to our most important staff member, Mrs. Harrigan. Mrs. Harrigan has been the mother of Media, ensuring that all of her kids are being the best versions of themselves that they can possibly be. I know for a fact that without her leadership and guidance Media would fall apart like a poorly baked souffle. Media would be a fallen Humpty Dumpty that none of the king's men and horses (?) could put back together again. Not sure why a horse would be attempting to put a humanoid egg back together again but, I think you get the point. Mrs. Harrigan is a brilliant, kind and charming teacher.

We can not thank her enough and wish her all the best in the future.

"I never gave you those pencils I promised you" - Evan



"It was an honor to spend three years of media with one of the best teachers at Goodrell. We'll miss you Mrs. Harrigan!" - Joselyn

"It was a blessing to have met you for three years, media will not be the same without you!" - Ellie

"With her leaving, no other teacher will be able to deal with the school supplies eating children. Without you in Media, I'm pretty sure that Mr. Arreola will go crazy." -Rae

**YOU WILL
BE MISSED!**

STAFF PAGE

Joselyn Chavarria
Ellie Gonzalez
Evan Sloan
Brian Hernandez
Raelyn Bailey
Luella Weispenning
Milena Armenteros-Tellechea
Emerson McCarl
Carter Anderson
Jeremiah Blackwood

Have A Good
Summer
Everyone!!!



Brionna Dent
Amy Solo
Bradon Adams
Haylie Weinheimer
Lexi jo Carpenter
Ronan Welsher
Abigail Rice
Kingston Arthurs
Tara Todd
Kasey Thorn
Lola Arthurs
Jordan Close

